

# Family Health Fair



**HEALTHY AND HAPPY LIVING**

**Saturday, November 5, 2011**

**10 am - 2 pm**

**KT Murphy Elementary School**

**19 Horton Street**

**Stamford, Connecticut 06902**

## Free Giveaways!!

WIN a Color TV  
Win a Gas card  
Kids — Win a BIKE!

## Free! Blood tests!

Diabetes, Cholesterol,  
Vision, Hearing,  
and more!!

## LEARN

**YOGA / MEDITATION**  
**LEARN TO EAT HEALTHY**  
**DENTAL / ORAL HYGIENE**

## GAMES & RACES

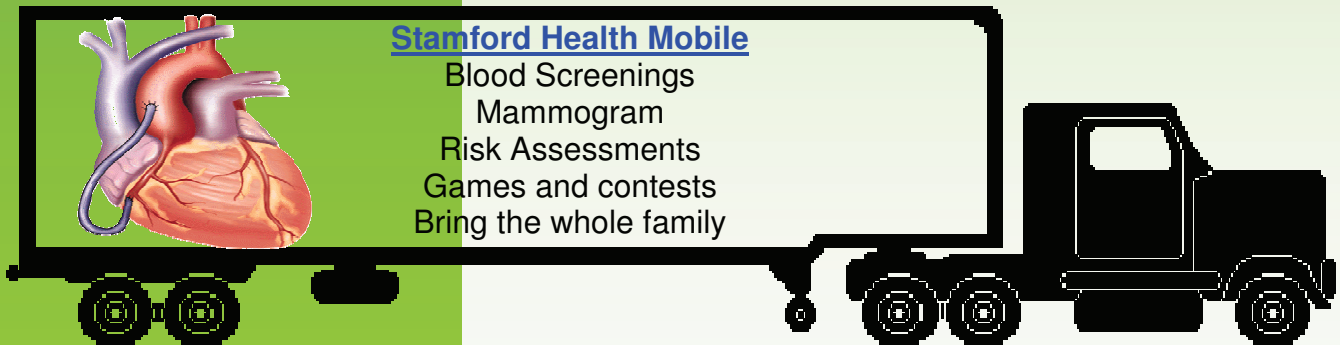
“Wheel Chair Race”  
“Crutch Hop”  
“Brace Boogie”

## Meet the Doctors

Free Physicals and screenings  
Flu shots (subject to availability)  
Find out how to stay healthy and  
Live until 100 or more!!

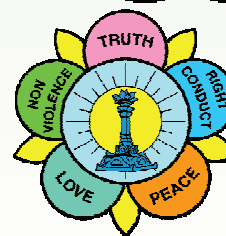
## Visit Health Booths

Know about Coronary (Heart) &  
Lung disorders, Cancer and  
cures.



### Stamford Health Mobile

Blood Screenings  
Mammogram  
Risk Assessments  
Games and contests  
Bring the whole family



LOVE ALL – SERVE ALL



**SATHYA SAI CENTERS OF NORTHEAST**

435 Rowayton Ave. Norwalk CT 06854

203 838-0599 ~ www.sathyasai.org